

Hilary C. Siebens, MD
Consulting Physician in Patient Care Communications

I am passionate about improving the medical care of adults, with a focus on those who are older and those with disabilities. Having practiced medicine for over a quarter century in all care settings, I understand where problems arise in patient care communication. My approaches have evolved from experiences in research, teaching, administration, and performance improvement. In working collaboratively, with attention to detailed problem solving, health care teams and I find practical solutions to make communication more efficient, enjoyable, and productive – all leading to better outcomes.



Projects, Service, and Research 2004 - Present

- Disseminating the Siebens Domain Management Model (SDMM), a 21st century clinical framework and care model for providers, developed to avoid the mistakes and frustrations in frontline care that stem from poor communication; SDMM has been presented in 22 invited presentations (2 international in Vienna and Panama City), is referenced in 17 peer-reviewed publications, and is in use in multiple clinical sites through several different clinical applications
- Created Siebens Health Care Notebook, a patient-owned tool, based on research, for organizing health information and strengthening partnerships with physicians, distribution through CARF International since 2008
- Implemented SDMM in the Department of Physical Medicine and Rehabilitation, University of Virginia, Charlottesville, in acute hospital consultations, all inpatient physician documentation, and inpatient team conferences 2004-2007 through full support of physician and staff with acknowledgement of improvements in care planning
- Project site principal investigator for national study on rehabilitation for joint replacement patients using Evidence-based Practice methodology and Medical Director, specialist Physician Outpatient Project, Casa Colina Centers for Rehabilitation, Pomona, CA
- Expert Consultant, Commission on Accreditation of Rehabilitation Facilities (CARF), Washington, DC 2004 – through on-site meeting and follow-up contributed to writing new international standards for quality stroke rehabilitation care
- Member, Section for Surgical and Related Specialties, American Geriatrics Society 1999 - 2008 representing American Academy of Physical Medicine and Rehabilitation, writing expert web-distributed chapter and assisting in planning physician care of older adults

Medical Director, UCI SeniorHealth Center & Health Center for People with Disabilities
Professor of Clinical Medicine & Professor of Clinical Physical Medicine & Rehabilitation
University of California, Irvine; a public state university in Irvine, CA 2003-2004

- Opened new outpatient primary care practice, establishing mission and vision, overseeing construction and staff hires, resulting in exciting senior-focused team care

SIEBENS PATIENT CARE COMMUNICATIONS
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Medical Director, Spaulding Rehabilitation Unit at MEEI
Clinical Associate in Medicine, Geriatrics Unit, Massachusetts General Hospital (MGH)
Associate Director, Physical Medicine and Rehabilitation Service, MGH
Lecturer, Department of PM&R, Harvard Medical School
Department of Physical Medicine and Rehabilitation, Harvard Medical School 1996-2003

- Improved communication for patients between their health care providers, disseminating a patient care notebook process to entire hospital, increasing notebook use 30 times
- Oversaw quality hospice care, being inpatient Medical Director and providing direct patient care, resulting in excellence award for the entire unit
- Improved patient education for total joint replacement patients, introducing the patient care notebook to a healthcare system, with very positive patient and staff feedback
- Identified two novel physician educational approaches, devised low budget data collection strategies, publishing two papers for national distribution

Associate Medical Director, Department of Physical Medicine & Rehabilitation
Associate Professor, Department of Medicine/PM&R/Geriatrics, UCLA
Medical Director, Skilled Nursing and Assessment Center
Cedars-Sinai Medical Center, a non-profit organization, Los Angeles, CA 1987-1996

- Excelled in provision of stroke rehabilitation care, providing direct physician care to inpatients and outpatients, writing as an expert national stroke rehab guidelines
- Contributed to large collaborative research studies, advising on research design and collecting data, leading to important results in 2 national journals
- Completed randomized control trial of exercise for hospitalized older adults, writing and receiving large grant, resulting in improved functional outcomes in patients at one month

Medical Licensure and Certifications

1983-2003 Massachusetts No. 51300
1983- American Board of Internal Medicine, No. 093874
1987- California No. G061003
1988- American Board of Physical Medicine and Rehabilitation, No.2929
1988-98 Added Qualifications in Geriatric Medicine, No. 92874
2005-2015 Recertification in Geriatric Medicine, No. 92874

Education

Yale College, BS, Magna Cum Laude
Harvard Medical School, MD
Johns Hopkins Hospital Internal Medicine Residency
Geriatrics Division, Harvard – Geriatric Fellowship
New England Medical Center, Tufts University, Physical Medicine & Rehabilitation Residency

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