

Hilary C. Siebens, MD
SIEBENS PATIENT CARE COMMUNICATIONS

Dr. Siebens has been Principal, Siebens Patient Care Communications (SPCC), since 2005. SPCC focuses on strengthening communication among patients, families, and health care providers. The core organizing framework for this work is the Siebens Domain Management Model (SDMM). Patients' strengths and health care issues are organized into four easily understood domains: I. Medical/Surgical Issues (The Body), II. Mental Status/Emotions/Coping (The Mind), III. Physical Function (Activities), and IV. Living Environment (Surroundings). SDMM applications facilitate *patient-centered* care resulting in greater patient and provider satisfaction, decreased medical risk, and time and cost savings. SDMM processes include the standardization of comprehensive care planning, the efficient organization of team communication, and empowerment of patients and families through the use of health care notebooks.

One communication tool owned by patients, the Siebens Health Care Notebook, is published exclusively by the Commission on Accreditation of Rehabilitation Facilities (CARF) International.



Dr. Siebens has over a quarter century experience in direct patient care and has practiced in all care settings across the continuum from home visits through acute hospital care. These experiences, and collaborations with many clinicians, lead to her research and current work on the SDMM and patient-provider communication.

Dr. Siebens has represented the American Academy of Physical Medicine and Rehabilitation on the Council for Surgical and Related Specialties of the American Geriatrics Society (2001-2008) and on the PCPI Work Group on Care Transitions (2008-). She served on the Board of the Stroke Association of Southern California (1994-1996, 2007-08). She holds two academic appointments as Clinical Professor of Physical Medicine and Rehabilitation (PM&R) in the Department of PM&R (University of Virginia) and as Associate Professor, Department of Medicine, UCLA (faculty at the Greater Los Angeles VA Department of PM&R).

Dr. Siebens graduated from Yale University and Harvard Medical School. She trained in internal medicine at Johns Hopkins Hospital, in geriatric medicine at Harvard Medical School and in physical medicine and rehabilitation at Tufts University. She is board certified in all three fields.

She was an attending physiatrist at Cedars-Sinai Medical Center in Los Angeles from 1987 through 1996 and the founding medical director of the hospital-based skilled nursing facility there. From 1996-2003, as a faculty member, she helped establish the Department of Physical Medicine and Rehabilitation at Harvard Medical School. There, she earned three Partners in Excellence Awards. From 2003-04 she was the founding medical director of the UCI SeniorHealth Center and won the 2004 Gerald A. Wagner Excellence in Health Education Award – Orange County Coalition for Health Education.

She has served on several expert panels including the Post Stroke Rehabilitation Guidelines for the Agency for Healthcare Policy and Research, the Stroke Specialty Program Standards Panel for the Commission on Accreditation of Rehabilitation Facilities (CARF), and several National Institutes of Health workshops and conference panels.

13601 Del Monte Dr., Suite 47A
Seal Beach, CA 90740
Ph 562 338 3097

www.siebenspcc.com
info@siebenspcc.com